



LET'S WASH OUR HANDS!

Recommended for Ages 3+

Materials:

- How to Wash My Hands coloring sheet (next page)
- Crayons

Directions:

- 1. Talk about when hands that look clean should be washed anyway (after visiting the bathroom, before eating, after blowing your nose, etc.).
- 2. Now it's your turn: Help your child learn how to wash their hands thoroughly (soap up and washall sides and fingers) and then dry with a towel.

Have fun!







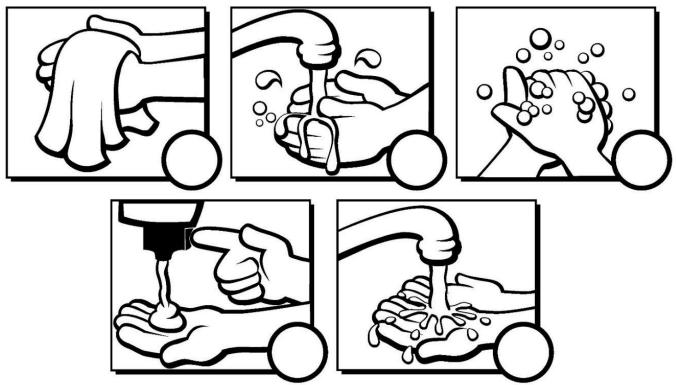
Personal Health Series
Germs

Name:

Date:

How to Wash My Hands

Instructions: Color the pictures and number each one so they're in the right order.



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